



SOUTH EAST ESSEX ORGANIC GARDENERS



SOUTH EAST ESSEX ORGANIC GARDENERS

NEWSLETTER NO: 142 – NOVEMBER 2018

<http://seeog.org.uk/>

<https://www.facebook.com/groups/43705483846/>

SEEORG was formed in 1994, to promote the principles of organic gardening by:

- Composting organic waste
- Protecting wildlife
- Reducing pollution
- Encouraging species diversity

Membership is currently £8.00 per annum, £12.00 family.

Is your local school a member of SEEORG? If not, we offer free membership on receipt of application form!

Venue, notes etc.

Please use the entrance in Prittlewell Chase, Westcliff-on-Sea SS0 9AG (corner of Fairfax Drive and Prittlewell Chase). Our speakers start at 20:00 sharp, but Growing Together is open from 19:00 to prepare the room, etc. **On a practical note, we need some good, gardening related raffle prizes, please!**

Please notify Carole if you wish to receive your newsletter by post/email, or change your email address: caroleshorney@hotmail.com

For future reference, our newsletter copy 'deadlines' for 2019 are as follows:

January	-	Sunday 16 December
March	-	Sunday 17 February
May	-	Sunday 21 April
July	-	Sunday 23 June
September	-	Sunday 18 August
November	-	Sunday 20 October

SEEORG GROUP NIGHTS 2018

Please make a note of all these dates, to avoid disappointment later on.

Monday 19 November: Group Night with Seed Co-operative, the UK's community owned Seed Company

Our next get together is a talk by David Price of Seed Co-operative. Seed Co-operative is a community owned Seed Company that is growing and selling organic and biodynamic open pollinated vegetable, herb and flower seed. Apparently, 80% of the organic open pollinated vegetable seed sold in the UK is currently imported. Seed Co-operative hopes to redress this imbalance through the community ownership of the company, giving people the opportunity to take a stake in their food future, making a connection between people who eat food and people who grow food, and also between people and the natural world.

The Seed Co-operative has come into being as an initiative of the Biodynamic Association, supported by Garden Organic and the Organic Research Centre, working with Open Pollinated Seeds and experienced seedsman Hans Steenbergen.

We'd very much appreciate 'full house' if you can, as David will be coming quite a way – from Spalding, in Lincolnshire, in fact. Have a look at <https://www.seedcooperative.org.uk/>

SEEOG GROUP NIGHTS/EVENTS/VISITS 2019

Monday 21 January: Group Night

Spencer Christy's update on the Lauriston Social Farming Initiative at Goldhanger; see www.lauristonfarm.co.uk

Saturday 23 February, 10:00 - 14:00: SE Essex Seed Potato Day

Growing Together Westcliff, 47 Fairfax Drive (corner of Fairfax Drive and Prittlewell Chase), Westcliff-on-Sea, SS0 9AG - please use the entrance in Prittlewell Chase - free admission - we have currently ordered 49 varieties of seed potato (some organic), to be sold individually at 20p per tuber (1 free tuber for every 5 bought), plus some onion sets. Please check our website for updates: <http://seeog.org.uk/>

Monday 18 March: Group Night

SEEOG member Simon Wallace presents an illustrated talk on "Gozo Growing: organic gardening on a Maltese island". He might bring some free "Gozitan" food and drink tasters for people to try - things like olives, capers, dried sheep's cheese, etc.

Monday 20 May: Group Night

Natasha Dillow is delighted to be able to talk to us on FareShare's work – FareShare is not a gleaning organisation or part of the gleaning network, but redistributes surplus crops once they have been harvested by gleaners. It's hoped the diagram on our website will help explain what they do. Have a look at www.fareshare.org.uk

Monday 15 July: Group Night

Andrew Tann' marvellous memory and detail about farming and weather conditions relating to Crapes Fruit Farm. Have a look at <https://crapes.wordpress.com/>

Monday 16 September: Group Night

No-dig aka Charles Dowding (discussion-led by Darren Lerigo)
Do you take a no dig approach to your allotment? If you want to know more, take a look at the no dig information in Garden Organic's Growing Advice pages at <https://www.gardenorganic.org.uk/organic-allotment-growing>

Monday 18 November: Group Night

SEEOG member Kamil Pachalko presents an update on Southend in Transition Community Allotment – see <https://sitcommunityallotment.wordpress.com/>

OTHER FORTHCOMING EVENTS

Trust Links are in the planning stages for their 2019 events. For those who like to forward plan, do put these in your diary:

Sun 27 January: Wassailing at St Laurence Orchard, 14:00 – 15:30

Saturday 23 February: Seed Potato Day, 10:00 – 14:00 pm at Growing Together Westcliff

Saturday 4 May: May Fayre at Growing Together Westcliff, 11:00 – 14:00

Saturday 18 May: Worldcup on Sea charity football match at Roots Hall Stadium, all day

Wednesday 3 July: Summer Fayre at Growing Together Shoeburyness, 15:15 – 18:00

Saturday 21 September: Walking Together Sponsored Walk

Saturday 5 October: Apple Day at St Laurence Orchard, 11:00 – 14:00

Saturday 30 November: Christmas Fayre at Growing Together Westcliff, 11:00 – 14:00

NEWS

Pond Chase Nursery allotments, Hockley – hopefully, according to Hockley Parish Council, we should be in a position soon to get started on putting an allotment team together.

Crapes Fruit Farm: A quiet end to the year

It seems that the maturity of everything, Medlar included, is in fast forward mode. Our few Sturmer Pippin have already been picked - three weeks earlier than the usual mid-November cold job. They are not as sharp as is usual for the time of year. Just D'Arcy Spice to glean, after November 5th traditionally.

Our apple stocks have run down significantly to a degree that we are referring enquirers to other local orchards nearer the coast in the hope that they will find the varieties hoped for.

Please note that if you are visiting the farm, approaching from Marks Tey railway Station, the small bridge over the Roman River between the station and Aldham is to be replaced. The road will be closed as from November 5th - for 4 months!! Approach may be made via Great Tey through the lanes, or via Eight Ash Green.

tannandrew@gmail.com

<https://crapes.wordpress.com/>

Farmers' Markets 2018

Leigh-on-Sea Town Council's Farmers' Market at Leigh Community Centre, 71-73 Elm Road, Leigh-on-Sea, 3rd Friday of the month from 09:00 to 13:00, apart from December (08:30) Friday 16 November; Saturday 22 December
<https://www.facebook.com/events/1818935024986153/>

Rochford at the WI Hall, West Street, 1st Saturday of the month from 09:30 to 12:00

Saturday 3 November; Saturday 1 December

The Parish Council has a Working Party looking at the future of the market so there may well be some changes next year. Have a look at Friends of Rochford Farmers Market at https://www.facebook.com/rochfordfarmersmarket/?ref=br_rs

Food and Farming Policy update

Vicki Hird, Sustainable Farming Campaign Coordinator Sustain, is asking us to write urgently to our MP now about the draft Agriculture Bill. MPs are drafting the first new UK farming legislation in 50 years. They urgently need to know that you want future agriculture policy to support farming that is better for health, for wildlife, for climate and for the farming community.

Please take action now at <https://sustainweb.eaction.org.uk/agriculturebill>

Friends of Ryton Organic Gardens

The Friends of Ryton Organic Gardens has been established to explore how the gardens can be safeguarded for the future in partnership with whoever owns the site and other organisations which are interested. They invite everyone who loves the gardens to get involved. Please join their Facebook group and like their page to keep in touch with them.

<https://www.facebook.com/groups/FriendsofRytonOrganicGardens/about/>

Garden Organic news

1) Last chance to support organic farming

The Government's new Agricultural Bill is currently being discussed in Parliament. This is our last chance to ensure that organic farming is represented. As the draft Bill stands, there is no mention of the importance of organic techniques or of financial support for organic farmers.

<https://www.gardenorganic.org.uk/>

2) Celebrating our 60th birthday

1958 – Britain ends war time coal rationing, opens the first motorway and appoints the first woman to the House of Lords. On 30 October, another milestone was reached - the founding of HDRA, to lead the organic movement.

<https://www.gardenorganic.org.uk/>

3) Important update on Ryton Gardens - September 2018

In September last year they announced that the Garden Organic Board of Trustees had decided to review options for the whole Ryton site, including the land and buildings beyond the gardens, which might release the charity from the financial pressures of owning and managing the site. These pressures were increasingly restricting the charity's ability to fulfil its principal charitable aims.

Over the months that followed the charity received a number of proposals from parties interested in acquiring the Ryton site. These proposals were for a variety of uses, including housing and business developments.

More detailed conversations and negotiations then took place with a shortlist of these interested parties. They also invited feedback from their members. These discussions were overseen by the Board of Trustees and were conducted in accordance with Charity Commission guidelines.

They have now narrowed down their short-list to one preferred partner - Coventry University. Coventry University and Garden Organic are now in advanced talks about the sale of the site. Whilst there is still the possibility that this may change, they are aiming to secure the long-term future of the charity and strengthen the longstanding relationship between the two organisations.

You can read this item in full at <https://www.gardenorganic.org.uk/news/important-update-ryton-gardens>

4) The Organic Gardening Catalogue is the official catalogue of Garden Organic. The catalogue is run as a joint venture with Dobies, based in Devon. Every order from The Organic Gardening Catalogue supports the work of Garden Organic. <https://www.gardenorganic.org.uk/shop>

5) Plastic pollution has been a high-profile issue in 2018, and the ubiquitous black plant pot is one of the worst offenders. Many garden centres are now planning to replace them with plastic that can be recycled. They are planning to offer 'taupe' coloured pots from next year. This new coloured plastic will be recyclable because it does not contain carbon pigment, which infrared recycling machines cannot identify. The new colour will also indicate that the pot is made partly from recycled polypropylene. This will allow most of us to add surplus pots to kerbside recycling (check with your local authority.)

David Chilvers, who chaired a Horticultural Trade Association growers' meeting, said: "With so much discussion about plastics in the media it is key that the garden industry takes a lead and moves towards a sustainable solution." But is this sustainable? Many would like to see the use of plastic - recycled or not - completely phased out.

<https://www.gardenorganic.org.uk/news/recyclable-plant-pots-are-they-answer-0>

6) 2019 Members' Experiments

This year they're offering the opportunity to participate in up to four experiments, each requiring differing amounts of time and growing experience. 2019 is the 61st consecutive year they have been running this citizen science research, continually adding to the bank of knowledge in organic growing principles and practices, thanks to the hard work and dedication of their members - the Experimenteers. If you're new to their Members' Experiments, but are intrigued to give it a go, please do join in - the more the merrier! You will be sent everything you need, along with full instructions, and they will keep you updated with how they're getting on so you can check you're on track.

We're briefly listing the Experiments here, but full details are on their website at <https://www.gardenorganic.org.uk/members-experiments>

- Experiment 1 - Improving germination in round peas
- Experiment 2 - Boosting the population of natural helpers
- Experiment 3 - Testing the health of our soil
- Experiment 4 - Home grown lentils

7) Introducing Our New Organic Seed Range

In December 2017 'The Organic Gardening Catalogue' joined the Suttons family of gardening brands. They have been working together to produce a range of organic certified products including veg and flower seeds.

<https://www.suttons.co.uk/>

8) The world's first non-plastic, non GMO, tea bag? Congratulations to Clipper, producer of organic teas, who claim to have produced "the world's first plastic-free, non-GM, unbleached tea bag." Now you can safely and effectively throw your tea bags on to the compost heap.

<https://www.gardenorganic.org.uk/>

GM news

1) (GM) soy destruction in Argentina leads straight to our dinner plates

Argentina's Gran Chaco forest is being razed for soy, ending up in Europe as animal feed. In response to pressure from environmental groups to halt the rampant deforestation, Argentina's congress passed a law that went into effect in 2009 dividing the country's forestland into red (untouchable), yellow (mixed use) and green (available to deforest) areas. Unfortunately for communities such as El Corralito, the law has been honoured more in the breach than in the observance, with individual provinces authorising vast deforestation projects in red and yellow protected zones. In Salta, for example, more than 170,000 protected hectares – an area larger than Greater London – have gone under the bulldozer since the law came into force.

2) EFSA does not have guidance for risk assessment of GM crops with altered nutritional composition

The office of the European Ombudsman has confirmed it will investigate a complaint by GeneWatch UK, supported by Testbiotech, regarding the authorisation for import of three transgenic crops with altered oil content for use as food and feed.

3) My fight for justice goes on – Dewayne "Lee" Johnson

"Bleak as it may sound, the truth is I have not yet won"

While \$289 million can buy many things, justice is immeasurable. Justice would be freedom from terminal illness, an ability to go back to earning a living through real, dignified work. For so many others and me, justice would mean a change in labelling, safer herbicide formulas, maybe even a complete removal of the product from the shelves.

4) Former EFSA GMO Panel member says GM Bt crop toxin allergy study is solid

Dr Jean-Michel Wal accuses EFSA of ignoring studies for irrelevant reasons.

A former member of the European Food Safety Authority's (EFSA's) GMO panel, Jean-Michel Wal, has said that a study suggesting that GM Bt crops could be allergenic has "solid scientifically grounded results", according to a report in EU Food Policy. The study performed in mice found that the GM Bt toxin Cry1Ac is immunogenic, allergenic, and able to induce anaphylaxis (a severe allergic response that can result in suffocation).

5) Glyphosate herbicide sales banned in Punjab

Manufacturers, marketers and dealers in Punjab will not be allowed to sell the chemical or its formulations and sellers will have to return unused stock

6) Don't Hide What's Inside

EU rules mean that any GM ingredients in our food have to be listed on the packaging. As Britain prepares to leave the EU, we need to protect our right to make an informed choice

about what we eat by fighting to keep our GM labels. GM labelling allows us to take control of what we are buying and eating. 89% of people in the UK want GM products to be clearly labelled and 72% are willing to pay extra for non-GM food. Without GM labels we will lose our right to choose. Many popular products like Kellogg's cornflakes, Coca Cola and Domino's pizzas are made with GM ingredients in the US but in a GM-free version for the EU market. Brexit could result in more of the UK's food coming from outside Europe. Without GM labels we won't be able to tell the difference. Brexit is an opportunity to do better so, as well as keeping our GM labels, the UK should extend them to cover products from GM-fed animals.

7) New petition launched to protect GM food labels post-Brexit

GM Freeze and Beyond GM launch the 'Don't Hide What's Inside' petition, which calls for the protection of consumers' right to make an informed choice by retaining and enforcing the requirement to label food containing genetically modified (GM) ingredients throughout the UK.

You can read all these items in full at <https://www.gmwatch.org/en/> and <https://www.gmfreeze.org/donthide/>

Lauriston Farm news: new share offer on November 7th

They're launching a new share offer on November 7th for three months as part of a wider fund raising initiative. Their aim is to double the membership. Share certificates will be issued within a week of becoming a member so, if you want to buy shares for a friend in the New Year, the certificate will be a wonderful present. Please keep on checking their website, as the prospectus is still only in draft form.

<http://www.lauristonfarm.co.uk/how-to-become-a-shareholder.html>

Members' contributions

1) If anyone wishes to order form Modern Mint, they can apply the code - organic18 - at checkout to get free shipping, available until the end of December. This applies to the Japanese secateurs, the eco-friendly hats and copper tools as well...!
www.modernmint.co.uk

2) Reaction to the Government's Agriculture Bill with Minette Batters (President NFU) and Professor Tim Lang
<https://www.bbc.co.uk/radio/play/b0bgw302>

3) If there is an appetite for Lauriston Farm's biodynamic beef and lamb (all frozen) within SEEOG (perhaps £100 of orders?) Spencer is happy to bring down orders on the evening we meet for our talk and perhaps stay for the talk as well.

4) 'Ladders to Heaven' by Mike Shanahan – 'How fig trees shaped our history, fed our imaginations and can enrich our future'. This is about a botanist's journey of understanding and entry into the world of fig researchers. Ficus has 750 species, the fruit is actually the flower and is pollinated by a particular wasp (specific to variety) to ripen the fruit with seed. These fruits vary in size, relished by wildlife that helps to distribute seeds. In the rainforest, trees are found with distribution distances that fit with the diverse ecology. Some seed is set high in the canopy in the crutch of a branch via birds (similar to mistletoe), its roots growing downwards and root into the soil eventually surrounding the host tree, causing it to die and decompose. A type of fig has been discovered to be a pioneer species for rainforest regeneration after depletion by soya, palm and grazing. This occurs also post volcanic eruptions - very interesting to read, especially when we have a year that has given two harvests of figs June time as I write. Is it the weather, locality, climate change? Adaptation?

5) 20th October compost talk to 'Do It Like a Mother'

We went to talk about compost to this group of young mothers concerned for a sustainable future and the part they can play. Jane, Sharon, Ane and Ron went along to their venue opposite Chalkwell Park. It was quite interactive with a small number who had requested this subject. We went through the basic principles (green-brown ratio, no cooked food, types of bin; introduce the worms, the importance of slow compost for life cycles). They hosted us with vegan cake (lemon delicious) and teas; they have a community thrust to their objectives. We

left a couple of articles by Kim Stoddart - wild gardening - don't tidy till spring and adapting to climate changes in weather patterns through different practices in order to moderate effects. There is a web site where you can find out the range of their activities, which target mothers, babies, toddlers and young children.

<https://www.doitlikeamother.co.uk/>

6) 100% renewable energy for a greener planet

As organic gardeners, I'm sure we are all concerned about the wellbeing of our planet and the dangers of global warming. One way we can all do our bit is to opt for 100% renewable energy in our homes and this is actually getting easier as more companies are responding to customer demand. Scottish Power have just announced that they are going to provide power from 100% renewables, and the Guardian had an article about this very subject promoting a new company Pure Planet which, according to the writer, could probably save you money, too. There was one caveat, you need to manage the account through a smart phone app; but not to worry, there are other companies such as Ecotricity and Good Energy which work in the usual way and possibly your own energy provider may have a green tariff. Could be worth a thought and a bit of homework?

7) Plan B Earth

Nearly 12,000 UK residents have already signed a petition calling on the Government to recognise the state of #ClimateEmergency. "Not everything that is faced can be changed; but nothing can be changed until it is faced" (James Baldwin). Your signature will "help" the Government face up to reality.

<https://petition.parliament.uk/petitions/226054>

8) The RSA Food, Farming & Countryside Commission

'We cannot carry on treating our food, farming and countryside as we do currently. We are failing our citizens, our communities and our environment.' 'Our Common Ground' marks the halfway stage of the RSA Food, Farming and Countryside Commission inquiry. To understand what challenges the food industry, farmers, and the countryside face they've reviewed hundreds of policy proposals, hosted expert discussions, and cycled right round the UK to meet people in their communities. This interim report takes what they've learnt and sets out the five themes for further work to achieve their ambitious vision for the future of the countryside:

You can download the report or read online at <https://www.thersa.org/discover/publications-and-articles/reports/food-farming-countryside-commission-our-common-ground>

9) Simon Rogan, the multi Michelin-starred chef, was so driven to get the best possible ingredients for his restaurants that he built his own farm to grow them in and now, six years on, you're as likely to find him in a pair of wellies as his chef's whites. He shows Caz Graham around the south Cumbrian farm 'designed by chefs and run by chefs', explains why growing the perfect carrot is more important than cooking a carrot perfectly and why it's best to avoid being chased by your own native breed bull if you can possibly help it.

<https://www.bbc.co.uk/programmes/m0000xmd>

10) BBC Radio 4's programme called Last Word, which featured the environmental campaigner Lord Melchett who, as executive director of Greenpeace, was arrested during a protest against GM crops; later to join the Soil Association.

<https://www.bbc.co.uk/sounds/play/b0bqt6yb>

11) Mr. McGregor's Garden Club at Langdon Nature Reserve? Are you aware of the new children's fortnightly children's Garden Club at Langdon Hills?

<https://healthylifeessex.co.uk/events-essex/mr-mcgregors-garden-club-langdon-hills-nature-reserve/2018-10-07/>

12) The one good thing about Brexit? Leaving the EU's disgraceful farming system by George Monbiot

The government's plans are an improvement, but still fatally flawed. We need a proper agriculture debate

https://www.theguardian.com/commentisfree/2018/oct/10/brexit-leaving-eu-farming-agriculture?fbclid=IwAR3RQ1PK6LpGu4KvkuEzBhOwz4GANGmHp4bCpnx16_xdPQHZUUYTgQ0s_vQ

13) Mad Science Week in Leigh Community Centre

Or 'Learn about nature and biology with a variety of gardening activities; plant seeds, make a bird feeder, learn about plants, make leafy artwork and more!' Hugely understated when we looked at the many tables around the hall skilfully arranged with leaves, stems, seeds and much more! The enthralled youngsters with parents/grandparents/carers told of a success story for Jane, Sharon, Ron and SEEOG! Look out for photos on our website in due course.

With grateful thanks to Ron, Darren, Simon and Jill

Pesticide Action Network UK: Gardening without pesticides

In order to assist home gardeners in moving away from the use of potentially harmful pesticides, PAN UK has compiled a gardening guide to dealing with some of the most commonly found garden pests. More and more people are moving towards a more organic approach in growing flowers and food crops. They hope that this guide will assist both those that are already growing without pesticides and those that wish to explore the possibilities.

They are a small charity and endlessly struggle to raise funds. Their small team of pesticide experts works hard to provide practical advice on how you can avoid the use of hazardous pesticides to better protect the health of you, your family and the natural environment. They hope that you find their new gardening guide useful and ask that you consider making a donation to PAN UK in return. They would never want to exclude anyone from using their resources on the basis of cost so, if you don't have the funds to donate, please do still use their guide.

You can download a printer-friendly black and white version of the guide at this link:

<http://www.pan-uk.org/gardening-without-pesticides/>

Pesticide Action Network North America: We need a Farm Bill!

It's make or break time for the 2018 Farm Bill. As of October 1, the 2014 Farm Bill has expired. Congress left town without finishing their job, while farmers, workers and communities across the nation are still counting on action. Without a new bill or an extension of the old one, operation of more than a dozen critical Farm Bill programs have been put on hold.

Urge Congress to pass a sustainable and equitable 2018 Farm Bill!

<http://www.panna.org/take-action/we-need-farm-bill>

SEEOG library

Any book may be borrowed by members at a cost of 20p per book for each 2-month period. We would very much like to hear from anyone who could take out a few of the books from the cupboard and set them out on Group Night. Our Library needs to be used more!

Soil Association news

1) We thought this item would be of interest to our members: Can farming thrive without chemicals? Last month Chief Executive of the Soil Association, Helen Browning, was a guest speaker on the Financial Times News in Focus podcast. Helen, alongside Adam Speed of the Crop Protection Association and Andrew Diprose, Chief Executive of Rootwave, debate the use of chemicals in farming and whether or not we will ever find something that is truly safe for human health and the environment. Helen argues that there is a long history of the negative impacts of chemicals in farming and that we need to step off the chemical treadmill and rethink our food and farming systems. Adam disagrees and contests the research on the harmful impacts of glyphosate whilst Andrew believes to have new innovative technology to electrocute weeds sustainably and organically.

<https://www.soilassociation.org/blogs/2018/october/17/can-farming-thrive-without-chemicals/>

2) As with Garden Organic, the Soil Association are focussing on the long-awaited Agriculture Bill. Currently, government support for organic farming in the UK is lower than in most other EU countries and the proportion of UK agricultural land farmed organically is smaller too, although recently there's been a hugely encouraging increase in organic land area.

There's no better time to contact your MP and encourage them to speak up for organic farming and they've created a template email to help. You can use this text, edit it to emphasise what you think is most important, or write your own letter from scratch! Even a very short, personal message to your MP can make a big difference.

While many MPs take a keen interest in farming and food, some of them may not fully understand what makes organic different. Whilst they may know that organic farmers are banned from using synthetic pesticides, they may not realise that organic standards require the highest levels of animal welfare too, and that organic methods are proven to protect wildlife and improve soil health.

<https://www.soilassociation.org/support-us/take-action-on-the-agriculture-bill/>

The Organic Gardening Catalogue

Last month they wrote to us regarding our 'continued membership' of The Organic Gardening group scheme. They explained the changes being made to the scheme for the coming season and hinted at some further improvements that they have planned. They've realised that the current group scheme places quite a high administration load on the organiser, and has other shortcomings such as members not being able to order online. They'd like to change this and are looking to implement significant improvements later in 2019, when they will also be launching an improved website. However, for the immediate future the scheme will remain similar to previous years, but with some changes. Possibly a future SEEOG agenda item!

SEEOG Committee

Ron Bates	Chair	01702 477681	anebates@hotmail.co.uk
Ray How	Vice-Chair	01702 544632	ray.how@btopenworld.com
Ane Bates	Treasurer	01702 477681	anebates@hotmail.co.uk
Carole Shorney	Secretary	01702 201914	caroleshorney@hotmail.com
Vic Shorney	Committee	01702 201914	caroleshorney@hotmail.com
Jane Ponton	Committee	01268 565776	JaneAPonton@hotmail.com