



Soil Association



SOUTH EAST ESSEX ORGANIC GARDENERS

THE PECKHAM EXPERIMENT

Still pioneering: food, farming and the Peckham Experiment

In 1926, two Doctors in south London set up the Pioneer Health Centre, a unique health centre which placed good nutrition, organic food, social interaction and self-direction at its heart. Recognising that good health rested on much more than simply an absence of disease, the Peckham Experiment (as the Centre soon became known) remains a highly relevant and compelling example of the benefits of linking food, farming and health care provision. This talk by Kate McGeevor, Trustee and Secretary of the Pioneer Health Foundation, will discuss the unique approach employed by the Pioneer Health Centre and what we can still learn from its findings over 80 years later. www.the-phf.org

MONDAY, 16th JANUARY 8 pm

**at THE CHERYL CENTRE
GROWING TOGETHER COMMUNITY GARDENS**

47 Fairfax Drive

Southend SS0 9AG (corner of Fairfax Drive and Prittlewell Chase)

Non-Members £2

You can join SEEOG for only £8 per annum, £12 family

For further details, contact Carole Shorney on 01702 201914